

**Novena to
SAN LORENZO RUIZ DE MANILA
First Filipino martyr and Saint
Act of Contrition**

(Kneel. All)

O my God, I am heartily sorry for having offended you, and I detest all my sins, because I dread the loss of heaven and the pains of hell, but most of all, because they offend You, my God, who art all-good and deserving of all my love. I firmly resolve with the help of your grace, to confess my sins, to do penance, and to amend my life. Amen.

Let us Pray:

(All)

O God, our loving Father: Your Son Jesus Christ delivered himself in sacrifice to You for: the love of men. Inspire us to love You with all our heart to the point of sacrifices. Your providential hand led your servants Blessed San Lorenzo and Companions to the land of Japan to imitate the sacrifice of Christ and to proclaim the Gospel of truth and the message of salvation. We humbly beseech You, through the intercession of this Holy martyrs, that we be given the grace of remaining faithful to You always as they did and that the light of the Gospel illumine all corners of our Christian motherland and of all countries near and far. We ask you this through Jesus Christ our Lord. Amen.

(silently mention the special favor you ask for through this novena)

One "Our Father..."

Ten "Hail Mary's..."

One "Glory be..."